



Thank you for purchasing the Healthy Food Promo!

If you liked the project- please rate 5 star on the page "Transmaxx"

Healthy Food Promo is a high quality, well organized and easy customizing template.

Just drop your image or video, edit the text, add audio and enjoy the result!

Main Features

- 1080p (1920×1080) resolution / 29.97 fps
- 1:10 duration
- After Effects CS6, CC 2013, CC 2015, CC 2016, CC 2017, CC 2018, CC 2019, CC 2020

or higher software

- Universal expression - any language software available
- 14 unique scenes
- 18 media holders / 14 text holders
- No plugins needed
- PDF Help File included / 24-7 support

● **Music Link -**

<https://audiojungle.net/item/upbeat-acoustic-guitar-corporate/21026083>

● **Fonts - not included (links you can find in description file)**

Images/Video Links

<https://www.pexels.com/video/video-of-woman-eating-her-food-4752357/>

<https://www.pexels.com/video/a-woman-eating-healthy-food-6740374/>

<https://www.pexels.com/video/couple-having-a-picnic-on-grass-field-4873427/>

<https://www.pexels.com/video/deliver-personnel-standing-and-smiling-while-holding-goods-6868666/>

<https://www.pexels.com/video/preparing-a-fresh-vegetable-salad-6707705/>

<https://www.pexels.com/video/preparing-a-fresh-vegetable-salad-6707705/>

<https://www.pexels.com/video/two-women-preparing-healthy-meals-6707398/>

<https://www.pexels.com/video/a-young-woman-preparing-a-vegetable-salad-6707706/>

<https://www.pexels.com/video/food-plate-salad-friends-4781558/>

<https://www.pexels.com/video/person-eating-salad-4519058/>

<https://www.pexels.com/video/a-woman-making-a-healthy-fruit-drink-6707399/>

<https://www.pexels.com/video/a-family-bonding-time-in-the-kitchen-5135875/>

<https://www.pexels.com/video/a-chef-preparing-a-fresh-vegetable-salad-3981705/>

<https://www.pexels.com/video/a-woman-making-a-healthy-drink-6707397/>

<https://www.pexels.com/video/food-healthy-water-girl-5801990/>

<https://www.pexels.com/video/a-woman-in-a-video-call-while-having-smoothie-6707413/>

<https://www.pexels.com/video/man-eating-dinner-7126074/>

<https://www.pexels.com/video/a-family-having-a-christmas-dinner-together-5747352/>

Font Links

<https://www.dafont.com/amsterdam.font>

<https://fonts.google.com/specimen/Poppins>

Here are a few instructions that will help:

Folder " Edit "

Here you can add photo and video files for your project .Drag your picture into the comp, then resize it

It also allows you to change all text composition

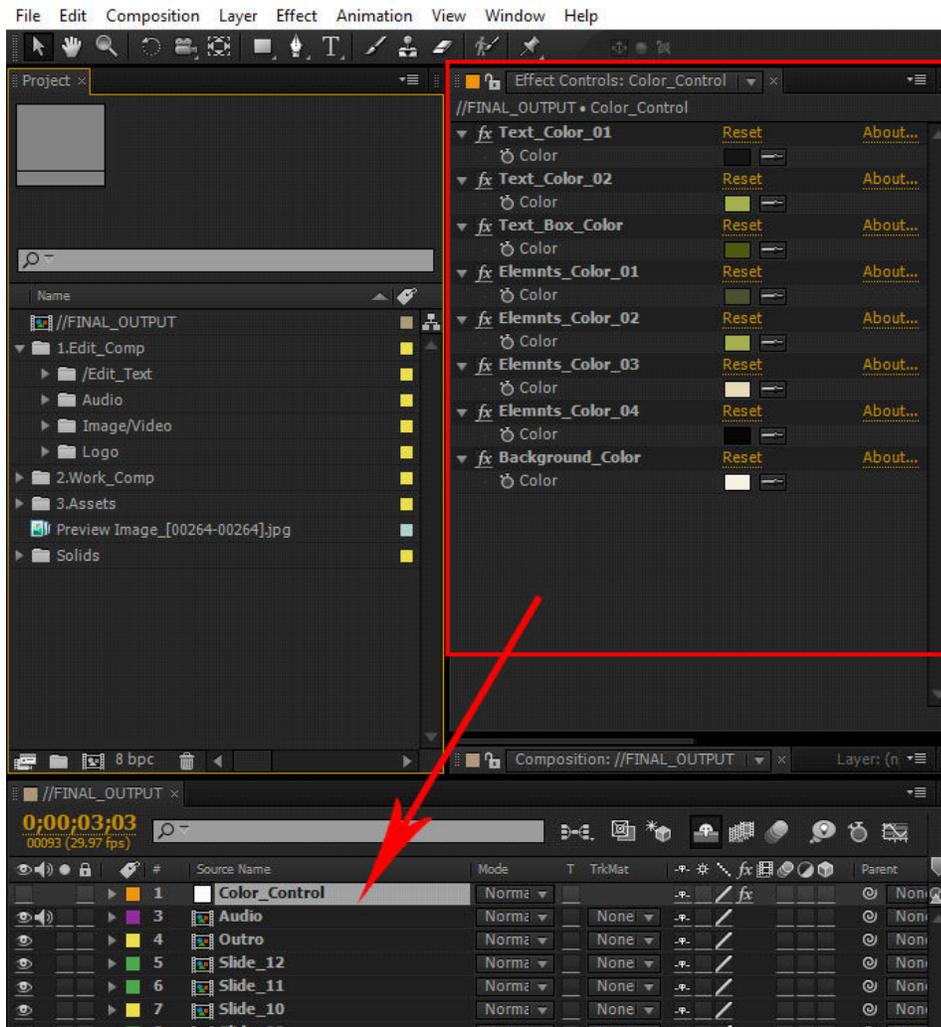
File Edit Composition Layer Effect Animation View Window Help

The screenshot displays the Adobe After Effects interface with three main panels visible:

- Project Panel (left):** Shows a project structure with folders like '1.Edit_Comp', '2.Work_Comp', and '3.Assets'. A red box highlights the 'Name' column and the folder structure.
- Effect Controls Panel (top right):** Displays the 'Color_Control' effect applied to the 'FINAL_OUTPUT' composition. It lists several color properties: 'Text_Color_01', 'Text_Color_02', 'Text_Box_Color', 'Elemnts_Color_01', 'Elemnts_Color_02', 'Elemnts_Color_03', 'Elemnts_Color_04', and 'Background_Color'. Each property has a 'Color' picker and 'Reset' and 'About...' buttons.
- Timeline Panel (bottom):** Shows a sequence of layers: 'Color_Control' (Layer 1), 'Audio' (Layer 3), 'Outro' (Layer 4), 'Slide_12' (Layer 5), 'Slide_11' (Layer 6), 'Slide_10' (Layer 7), and 'Slide_09' (Layer 8).

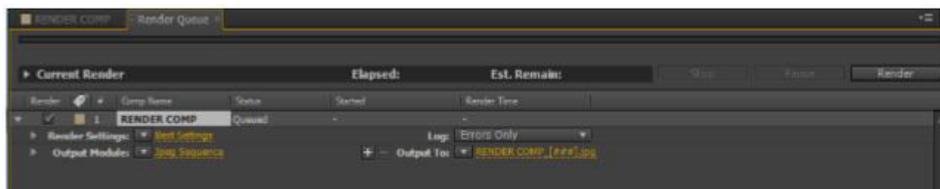
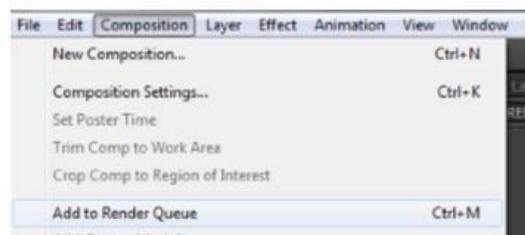
Color Control

Open the layer property “**Control Project**” in the Project. Here you can easily replace the color of all text layers



Render your video

Double-Click on the RENDER COMP to open it in the timeline. After that, go to Composition – Add to Render Queue and the Render Queue will open in the timeline window with the new Render Job added to it.



Make sure the Render Settings are set to Best Settings. Click on whatever is written right to the Output Module and a new window will open up. In that window, you can change the codec and file format. Also, if you have used sound in this project, make sure you activate Audio Output at the bottom of that new window. Else your video will be mute.

Last, click on whatever is written right to the "Output to" text and set the folder where you want your video to be saved in.

When you have set everything to your needs, click Render and wait for it to finish. Depending on the project as well as your computer specs, this can take some time.